

Urine Specimen Collection Instructions for Chlamydia/*Neisseria gonorrhoeae* Testing and Midstream Urine (combined)

For correct test results, follow instructions carefully when collecting urine specimens for both a Chlamydia/*Neisseria gonorrhoeae* (CT/GC) test and a midstream urine.

NOTE: collect the urine for Chlamydia/GC first.

Before collecting the urine specimen:

- Do not urinate (pee) for at least one (1) hour before collecting your urine specimen
- Female patients DO NOT cleanse the genital area before collecting the initial urine specimen
- Two (2) containers will be given to you
- Be careful not to touch the rim, or inside of the containers, or the inside of the lids
- Wash hands with soap and water

Collecting the initial urine specimen (#1):

- Catch urine (pee) directly into the container
- Collect the first part of the urine (initial stream)
- Fill the first container (labeled #1) about 1/3 full
- **STOP** the flow of urine
- Place lid tightly on container

Collecting the midstream urine specimen (#2):

Cleansing

- Thoroughly cleanse entire genital area using towlettes provided
- Females – hold outer edges of labia apart and cleanse from front to back
- Males – retract foreskin if not circumcised

Collection

- Females – continue to hold labia apart while urinating
- Males – continue to retract foreskin while urinating
- Fill the second container (labeled #2) about ¼ to ½ full
- Place lid tightly on container

After collecting the urine:

- Follow instructions given by the laboratory staff on where to return the urine specimens

Questions? Call the Laboratory Information Center at 770-3600.