Fasting Test Instructions:

- Nothing to eat, chew (including gum or candy) or drink (except water) for the period specified, according to the test you are having performed. Prescription drugs are permitted.
- Fasting not required by Lab. For more information, please contact your physician or visit http://www.topalbertadoctors.org/cpgs

- Requires a fast of at least 8 hours, but not more than 16 hours.
- For pregnant patients: The glucose drink is not given if the fasting glucose is high enough to suggest gestational diabetes mellitus (GDM).

Medical Staff: For test information, specimen collection instructions, etc. see www.calgarylabservices.com

Physicians may contact the Laboratory Information Centre (LIC) 403-770-3602 for test results and related inquiries.

Use the CLS Microbiology Requisition (REQ9021MI) for microbiology orders.

Call 403-770-3602
www.calgarylabservices.com

PATIENT INSTRUCTIONS

- Biotin oral supplements may interfere with lab tests. CLS recommends all patients discontinue Biotin supplements for 48 hours prior to specimen collection. If your Health Care Provider recommended you take Biotin contact them for further guidance.
- Lipid Profile - Fasting not required by Lab. For more information, please contact your physician or visit http://www.topalbertadoctors.org/cpgs
- Fasting Glucose - Requires a fast of at least 8 hours, but not more than 16 hours.

Fasting Test Instructions: Nothing to eat, chew (including gum or candy) or drink (except water) for the period specified, according to the test you are having performed. Prescription drugs are permitted.

For pregnant patients: The glucose drink is not given if the fasting glucose is high enough to suggest gestational diabetes mellitus (GDM). Write “Give glucose drink regardless of fasting glucose” on the requisition if you wish to override this procedure. E.G. mother at high risk of GDM, patient early in pregnancy (<20 weeks gestation).

Tests Available Stat

Other tests ordered Stat require the approval of a laboratory physician.