LABORATORY PATIENT COLLECTION INSTRUCTIONS

Urine Sample Collection Instructions for *Chlamydia trachomatis*/ *Neisseria gonorrhoeae*/ *Trichomonas vaginalis* for FEMALES

**How to prepare**
- DO NOT urinate (pee) for at least one (1) hour before collecting your urine sample

**Risks or Cautions**
- DO NOT cleanse the genital area before collecting the urine
- DO NOT touch the rim or inside surfaces of the lid and container
- DO NOT collect more than 30 mL of urine into the container

**Collecting the Sample**
- Obtain collection container with orange lid from physician or laboratory staff. If collected at the laboratory, the container will be provided in a plastic resealable bag.
- Wash hands with soap and water before collecting sample
- Remove orange lid and urinate (pee) directly into the container (initial 30 mL / first catch). Stop once the 20 mL mark is reached to ensure no more than 30 mL is collected

Give sample to laboratory staff to process regardless of volume collected.

**DO NOT** pour out a portion of the urine sample if greater than 30 mL is collected.

- Place lid tightly on container
- Wash hands thoroughly after collecting the sample

**Labelling the Sample**
Label the collection container with:
- Laboratory or physician office issued patient label
- Write patient full first and last name, Provincial Health Insurance (PHN/ULI), or Government issued identification (Federal, Military, RCMP, Immigration), date and time of collection

**Lab Requisition**
- Print the date and time the sample was collected on your lab requisition
- Fold and place the requisition in the outside pocket of the plastic resealable bag
- Place sample containers in the provided plastic resealable bag. **Do not** put the requisition in the bag with the collection container

**Sample Delivery**
- If not in the laboratory when the sample is collected, return the urine sample to the laboratory as soon as possible
- If you cannot go to the laboratory immediately, keep the urine refrigerated
- Take your sample to your local laboratory within 24 hours of collection

Samples not labelled as required or those that do not have a completed requisition will **NOT** be tested.