

Urine Specimen Collection Instructions

Chlamydia/Neisseria gonorrhoeae (GC) Testing

For correct test results, follow instructions carefully.

This is **NOT** the same as collecting a midstream urine specimen (MSU). Refer to CLS Patient Instructions #MI6007 Collecting a Midstream Urine.

If **both** a urine for Chlamydia/GC and MSU are collected at the PSC refer to CLS Patient Instructions # MI6071.

Before collecting the urine specimen:

- Do not urinate (pee) for at least one (1) hour before collecting your urine specimen
- Female patients should NOT cleanse the genital area before collecting the urine
- A container will be given to you
- Be careful not to touch the rim, or inside, of the container, or the inside of the lid
- Wash hands with soap and water

Collecting the urine specimen:

- Catch urine (pee) directly into the container
- Collect the first part of the urine (initial stream),
- Fill the container about 1/3 full
- Place lid tightly on container

Labeling the urine specimen:

- If collecting the specimen in the laboratory, follow instructions given for labeling
- If not at the laboratory when the specimen is collected, label the container with the label provided, or with your first and last name, personal health number (or date of birth) and date/time of collection

Delivering the urine specimen:

- If not in the laboratory when the specimen is collected, return the urine specimen to the laboratory as soon as possible, the same day as collected
- The urine does not need to be kept in the refrigerator

Questions? Call the Laboratory Information Center at 770-3600.
